



# Inside the Mission

Akin Family Resource Centers (FRC) Impact Report

**Akin**  
**May 2026**

**akin**  
Building a brighter future  
together, rooted in family.

# Family Resource Centers are the Front Door to Support



**The safety net is failing. Family Resource Centers provide support that prevents the fall.**

**Dr. Daniele Lyman-Torres**  
Chief Operating Officer|Akin

For over a century, the human services sector has run on a “child saver” mental model—waiting for a family to break before stepping in to rescue the child.

In recent years, Washington state’s families have faced a quiet emergency. Since 2023, 42 local nonprofits have closed or restricted services due to volatile funding and a “race to the bottom” contracting environment. Meanwhile, 185,000 children in our state are living in poverty as their options for support rapidly disappear.

## **THE TANGIBLE SOLUTION: FAMILY RESOURCE CENTERS (FRCs)**

While the sector scrambles to treat the symptoms of poverty, Akin is building family resource centers (FRCs) to break the cycle.

FRCs bridge the gap between a family’s everyday needs and formal service systems. They are a stigma-free, single-entry point situated directly in the community, providing:

- **Immediate Access:** 61% of Washington’s child population, and 59% of households receiving SNAP benefits, live within 20 miles of an Akin FRC.
- **Preventing the Fall:** By addressing root causes early, research has shown FRCs to reduce child abuse cases by 63%\*.
- **Unmatched ROI:** This upstream approach is highly cost-effective. Research proves that every \$1 invested in an FRC saves up to \$4.93\* in downstream public spending on crisis systems.

\*Source: Social Return on Investment Study: Washington State Legislature, HB 1237

The current system waits for a family to break. We refuse to wait. Join with us and become part of a community of care for a future where families can stand on their own.

With gratitude,  
Dr. Daniele Lyman-Torres

***“You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete.”***

**-Buckminster Fuller**

## Inside the Mission: Maria's Story

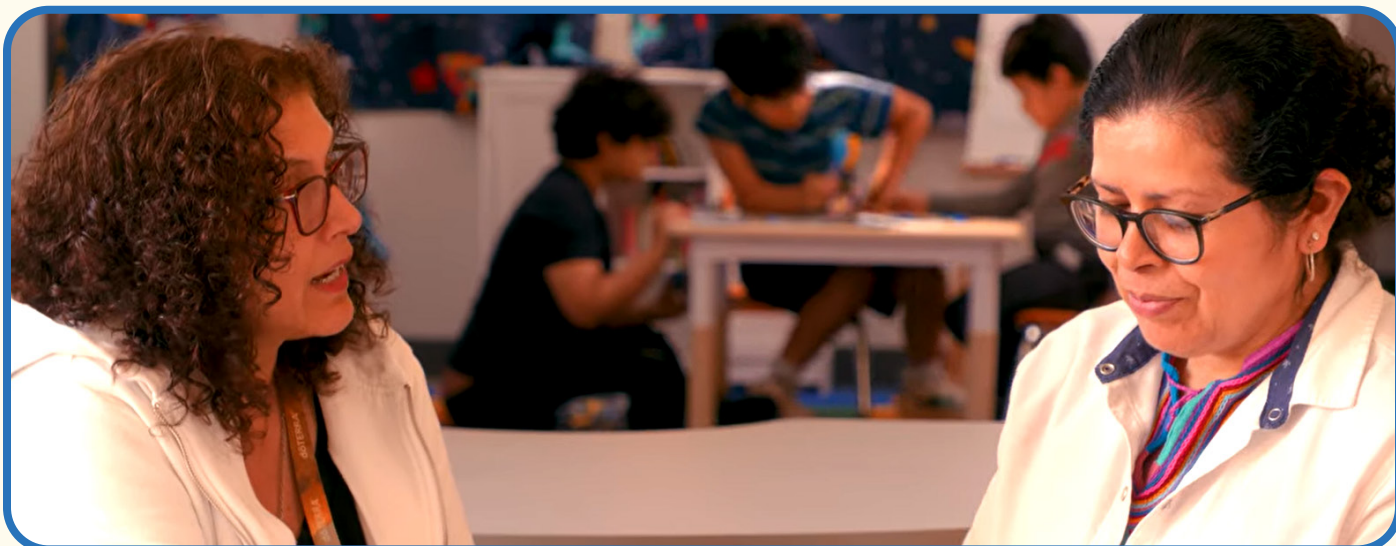


*"Things are 100% better. I have income. I can pay my rent on time. Sometimes I don't even know how I get so many blessings."*

Maria was pregnant with her fourth child when, after not working for many years, suddenly found herself caring for four children on her own. Her children were struggling with behavioral challenges and speech delays. The pathway to stability was unclear. "I felt like I was in a hole and couldn't get out," Maria shared as she looked back on that period of her life.

That's when she found the services and support of one of Akin's family resource centers (FRCs). Her connection with Akin began with her children attending Akin's early learning programs. From there, the FRC served as a source for navigation, leading Maria to prenatal care and parent training groups. With her children on a path to well-being, Maria then worked with Akin to focus on her own longer-term health and life goals. Through FRC support, Maria was able to address her own health concerns utilizing healthcare connections facilitated by Akin. She then found the guidance and will to turn her skills as a seamstress into a thriving home-based sewing and alterations business. "Things are 100 percent better. I have income. I can pay my rent on time. Sometimes I don't even know how I get so many blessings."

Maria's story is just one of many that emerge from the care and support found within the FRCs of Akin.



# Akin FRCs: By the Numbers

## Family Resource Center

akin

7 Washington Locations

50+ Community Partners

37,000 Annual Visits

200,000+ Diapers/Yr

## Immediate Relief with Lasting Transformation

Akin's FRCs offer a single point of entry for families, accessing and navigating a wide range of services and programs that support family and community well-being.

When a family walks through the doors of an FRC, they do not just receive a pamphlet; they are met by a Family Navigator who walks alongside them to secure housing, access behavioral health, find early learning programs, and meet basic nutritional needs.

FRCs give families the immediate help they need to survive today, and they build a stronger community for tomorrow.

### FRCs positively impact families by:

Connecting to critical programs and services

Offering essential assistance: Basic goods, transportation, rent/utility aid, job training

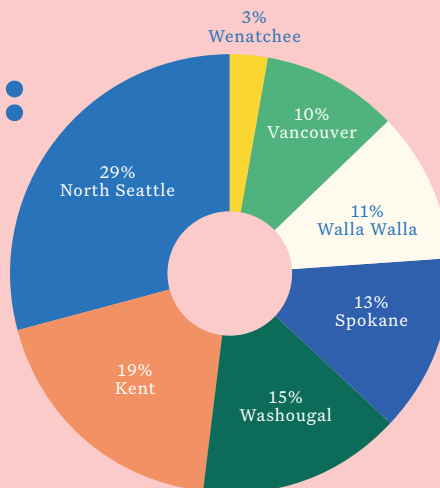
Supporting economic stability; fostering family resilience

Promoting child development

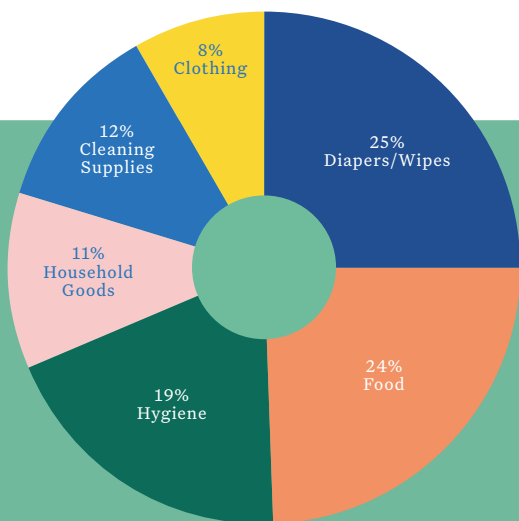
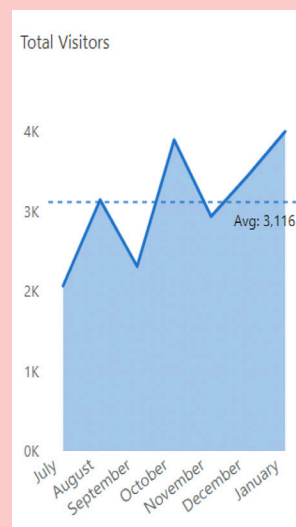
Providing parenting guidance; encouraging leadership

## Family Visits:

Over the course of a year, Akin's seven FRCs across Washington state will see a combined average of more than 3,100 visits per week. These locations are on track to receive more than 37,000 visits per year. (Includes unique and return visits: Jul'25-Jan'26)



Akin FRC Visits: Jul25-Jan26



FRC Basic Needs Distribution: FY26 Jul25-Jan26

## Basic Needs:

Basic Needs: FRCs are a place for families to turn to for basic material goods free of charge. Across Akin's FRC network, we've distributed upwards of 200,000 diapers and wipes last year. Other categories of goods distributed include food, personal hygiene, cleaning supplies, household goods, and clothing.

## Locations:

Akin operates seven FRCs in Puget Sound(2), Spokane, Vancouver area(2), Walla Walla, and Wenatchee.



# Financial Trust & Sustainability

Gold  
Transparency  
2026

Candid.

**\$8 million** in FRC funding assistance through Akin

**\$48 million\*** total annual operating budget for Akin

**100+ years** of service to children & families

**2026** Gold Transparency Seal from Candid

\*Fiscal Year 2025 Audited Financial Statement, June 30, 2025

## We Stand for Family

Akin is committed to seeking the transformation of the child welfare system through policy and advocacy. As a member of the National Family Support Network, Akin was instrumental in the pursuit of government recognition and led efforts to establish a state law defining FRCs that will enable future funding legislation. Akin also launched the Washington Family Support Network (WFSN), which brings together a coalition of 124 FRCs throughout the state.

During the most recent state legislative session in Olympia, Akin's advocacy efforts secured the first-ever ongoing state funding for Washington's family resource centers, including:

- \$188,000 in general state dollars for fiscal year 2027
- Supporting grants for five Washington counties
- Increasing to \$377,000/year in fiscal 2028

With national exposure and statewide reach, Akin is uniquely equipped to advocate for, and execute on, delivering better points of access to meet the growing needs of Washington families.



NATIONAL  
**Family Support**  
NETWORK



**Family  
Resource  
Center**

**akin**

# Become Part of a Community of Care



At Akin, we envision a world where all families flourish, nurtured by the strength of community. We welcome the time, talents, and resources from all who share this vision with us. While the donation of time and money are common avenues for support, we invite you to join us in other ways, too!

- **Visit:** Stop by an Akin location near you for a tour and see firsthand what we bring to families and communities in your area.
- **Share:** Tell your friends, neighbors, co-workers, and community groups about Akin.
- **Secure:** Collect and drop off in-kind goods for FRC fulfillment of basic needs.
- **Join:** Take part in the advocacy for stronger systems of support for families.
- **Donate:** Make a one-time gift or set up a recurring donation.

For these and many other ways to get involved, scan the QR Code or visit us at [akinfamily.org](http://akinfamily.org) to learn more about how you can become part of our mission to build a better future rooted in family.



**Help build a brighter future for children and families.  
Your support matters.**

**Donate:**





**Akin embodies the kinship we find with one another through relationship, unity and belonging. When we elevate and partner with children, families, and communities, we are all akin.**

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**[www.akinfamily.org](http://www.akinfamily.org)**